

Credit Valley Wolf Cubs



Minor Hockey Program

www.creditvalleywolves.com

HOCKEY for fitness, fun & friendship.

Wolf Cubs Director – Ron Phillips phillips77@rogers.com

Please check our website after Labour day for our Wolf Cubs evaluation schedule. (full schedule to follow)

Players should arrive for the *first skate with full equipment including a practice jersey and socks.*

You will receive Wolf Cubs sweaters and socks by the 3rd or 4th week.

REQUIRED EQUIPMENT LIST:

- CSA-approved helmet and FULL-face mask- (wire mesh or clear plastic)
- BNQ-approved neck guard/throat protector
- Shoulder pads
- Elbow pads
- Hockey pants
- Hockey gloves
- Hockey stick (plain wood with straight blade is best for beginners)
- Jock (jill for girls)
- Shin and knee pads
- Straps (Velcro) or tape to hold down pads tightly (as required)
- Hockey skates

It is recommended by the MHL that all players wear CSA approved fitted mouthguards.

For 1st time players please bring a copy of the child's birth certificate or passport for our registrars to your 1st skate.

At the 1st skate all players will receive a numbered tag for identification. All of the head coaches and volunteers will be there to assist players on to the ice when the session begins. Please **NO PARENTS ON ICE WITH SHOES ON TO HELP THEIR CHILD**; ask one of the coaches to help.

1st 2 weeks 2 practices/ week (evaluation period)

Next 6 weeks 2 practices/week (jerseys and socks handed out and allocated to a team)

Next 16 weeks 1 practice and 1 game per week for CUBS

NOTE that the PUPPIES will have 4 more weeks of practices and a shortened game schedule to 12 games

Practices Saturdays 7:00, 8:00, 9:00 or 10:00 am at HERSHEY Rink #2 (rotating)

Games Sundays 11:30 am, 12:30, 1:30 or 2:30 pm at HERSHEY Rink #3 (rotating)

Be sure to check our website for your individual and team schedule in early September.

Our Wolf Cub "Tyke" program is for players 4, 5, and 6 years old. We provide Saturday Practices and Sunday Games. Our first 2 weeks will be dedicated strictly to practices with skill development. During this period the players will be evaluated then split between the beginner group PUPPIES (the first year or just starting to learn how to skate) and a second group CUBS (that can skate and have had prior hockey experience for one or two years). After this evaluation period the players will be allocated to teams with a balanced roster of players skills. The games utilize the entire ice surface, with timed 3-minute shifts. Each player is evaluated according to skill level and plays on a 'shift' against a line of similar skill level from the opposing team.

Tryouts for our "Select 6", IP Wolf Cubs will commence the same weekend as our regular Wolf Cubs program (3rd or 4th weekend in September) Please visit our website for additional details on our **Select 6 - Cubs Club** Program

If there are any hockey parents or guardians with appropriate skating ability that would like to help out during the season, please identify yourself to a head coach or myself. All coaches / volunteers **MUST WEAR A HELMET ON ICE (MANDATORY)** have had a Police Check performed and attend a Speak Out seminar (see the MHL website www.hockey.on.ca for details or attend our Coaches and Volunteers meeting in early September).

Keep your stick on the ice & your head up..... Ron Phillips Wolf Cub Director